

## Avoiding Aggressive Driving and Preventing Road Rage



### What is Road Rage?

Driving a vehicle in an aggressive manner that could endanger the safety or property of another driver, motorcyclist, bicyclist, or pedestrian.

### Aggressive Driving behaviors

- Speeding
- Running red lights/stop signs
- Tailgating
- Improper passing
- Cutting off a driver/weaving
- Slamming on your brakes
- Forcing a driver off the road
- Making rude gestures
- Yelling/cursing
- Honking the horn
- Flashing headlights
- Throwing objects
- Ramming/sideswiping



### Tips to Avoid Road Rage

- Give yourself extra time to reach your destination
- Don't drive when angry or upset
- Use your horn ONLY when necessary to avoid an accident
- Be understanding; have patience
- Ignore rudeness
- Apologize with a smile or friendly gesture if you are at fault
- Don't be competitive
- Relax; enjoy the drive
- Don't follow too closely
- Remove yourself from the situation; pull over when safe
- If you are being followed or feel threatened, find a lighted and/or well populated place, pull over, and call 911 for help



**There is only ONE goal  
when driving...**

**Safely arriving at  
your destination.**